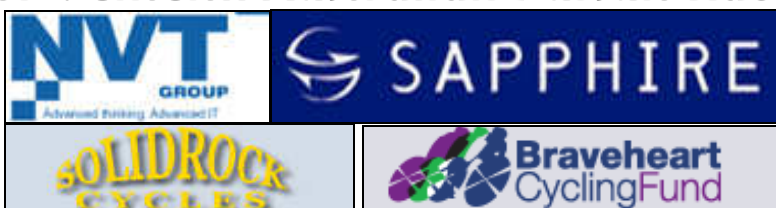


Glasgow Nightingale Cycling Club

Lake of Menteith Australian Pursuit Race 2009



Club website here.... <http://www.glasgownightingalecc.org.uk/pages/index.html>

Sundays Lake APR was won by Canadian Alex Bhogal, riding for the Kinesis KUK team. The difficult conditions resulted in the super strong 'Scratch' group (scratch being the last and fastest group of this handicapped race) decimating an 8 minute advantage the long markers had over them by just over halfway through the 47 mile event. Alex Bhogal performed an impressive sprint finish to beat both Paul Coats and Euan Pope for the victory, they had attacked and formed a small breakaway group which worked well to maintain a large advantage over the other riders. The promoting clubs' Graeme Cockburn was the first rider from outwith the scratch group to challenge them, finishing 2nd in the group sprint for 4th place to Neil Cameron of Falkirk Bike club.



The winning break, Coats leading Bhogal, followed by Pope.

Alex Bhogal collecting his winners jersey

- 1st : Alex Bhogal (Kinesis KUK)**
- 2nd : Paul Coats (Squadra Via Mazzini RaceTool Bicycles)**
- 3rd : Euan Pope (Glasgow Couriers: DB Developments)**
- 4th : Neil Cameron (Falkirk BC)**
- 5th : Graeme Cockburn (Glasgow Nightingale CC/NVT/Sapphire/Solidrock Cycles)**

Full Results

Posn.	Name		Team	Time
1	Alex	Bhogal	KINESIS KUK	02:02:53
2	Paul	Coats	Squadra Via Mazzini RaceTool Bi	same time
3	Euan	Pope	Glasgow Couriers - DB Developments	3
4	Neil	Cameron	Falkirk BC	01:50
5	Graeme	Cockburn	Glasgow Nightingale/NVT/Sapphire/SolidrockCycles	01:52
6	Rab	Wardell	KUK Kinesis	same time
7	Barry	Crumlish	Glasgow Couriers - DB Developme	same time
8	Kristoffer	Aksnes	Glasgow Wheelers	same time
9	Richard	Small	Unattached	01:55
10	Malcolm	Paterson	Glasgow Nightingale/NVT/Sapphire/SolidrockCycles	03:40
11	Gerald	Grant	Falkirk BC	same time
12	Guto	Williams	East Kilbride RC	03:42
13	Alex	McAllister	Ayr Roads / Harry Fairbairn CC	same time
14	Andrew	Whitehall	Glasgow Wheelers	04:14
15	Scot	Bullivant		04:17
16	Graeme	SMALL	East Kilbride RC	04:20
17	Barry	McGurk	Glasgow Couriers - DB Developments	04:24
18	Jeremy	Greengrass	Glasgow Nightingale/NVT/Sapphire/SolidrockCycles	04:36
19	Eddie	Cowle	Stirling Bike Club	same time
20	Franco	Porco	Falkirk BC	04:38
21	James	McPake	Falkirk Bicycle Club	04:42
22	Bill	McMillan		04:49
23	Derek	Walker	East Kilbride Road Club	04:53
24	David	Millar	Glasgow Couriers / D.B. Developments	04:57
25	Scott	McCrossan	PedalPower.org.uk / Endura RT	05:00
26	Steve	McInnes	Glasgow Nightingale/NVT/Sapphire/SolidrockCycles	05:26
27	stevie	crowther	Team Leslie Bikshop - Right Move	05:47
28	stuart	macgregor	dooleys rt	06:55
29	James	Melville	Glasgow United CC	06:57
30	Dominic	Hines	Edinburgh RC - thebicycleworks	06:59
31	Duncan	Warwick	Deeside Thistle CC	07:01
32	Julian	Duncan	Glasgow Wheelers	07:57
33	Kieran	McCluskey	Team Icarus	08:02
34	Barry	Cranstoun	East Kilbride RC	08:16
35	Steven	Robertson	eastkilbride rc	08:32
36	Alan	Quinn	Glasgow United CC	08:55
37	Steve	Beech	Sandy Wallace Cycles	08:59
38	David	Lang	Glasgow Wheelers	same time
39	Drew	Clark	Wallacehill CC	same time
40	Michael	Nicholson	Dooleys Cycles RT	09:20
41	Scott	Smith	Glasgow Nightingale/NVT/Sapphire/SolidrockCycles	same time
42	Sadiq	Mir	West Lothian Clarion	09:43
43	Jocky	Johnstone	Team Icarus	10:36
44	Ian	Willcox	Unattached	same time
45	Mark	Skilling	Ayr Roads / Harry Fairbairn CC	same time
46	Phil	Deveney	Glasgow Nightingale/NVT/Sapphire/SolidrockCycles	same time
47	Paul	McDonald	JWCC	same time
48	Gregor	Yeoman	East Kilbride RC	10:46
49	Michael	Graham	Classic Walls RT	11:08

50	Willie	Laithwaite	Ivy CC	11:22
51	Keith	Hood	Ayr Roads / Harry Fairbairn CC	same time
52	Matt	Hennon	Inverclyde Velo	11:29
53	James	Daly	Johnstone Wheelers	12:51
54	Robert	Kelly	Ayr Roads / Harry Fairbairn CC	13:01
55	Gordon	Jackson	Hawick CC	13:02
56	Martin	Michael	East Kilbride RC	15:17
57	Craig	Gilmour	Ayr Roads CC	15:44
58	Keith	Smith	Glasgow Wheelers	16:06
59	Scott	Johnstone	Team Icarus	16:08
60	John	McCrary	Glasgow United CC	16:16
61	Gilliam	Palmer	Sandy Wallace Cycles	16:33
62	Richard	MacPherson	Glasgow United CC	16:43
63	Paul	Hornby	Glasgow Ivy CC	16:49
64	Dan	Sims	Edinburgh Triathletes	17:14
65	James	Langsdale	Kelso Wheelers CC	25:42
66	Brian	Richardson	Hawick CC	25:45

Race Credits

Promoting club: **Glasgow Nightingale Cycling Club**
Members & Friends volunteering for marshalling, catering and providing various events throughout the year, please feel free to thank a helper or marshall, without them the event could not take place.

Race Organiser: **Colin Bark** **Tel: 07740351379**

Commissaires: **Gus McLafferty**
Bill Davidson

Club Sponsors: **Sapphire** **web: <http://www.sapphire.net/>**
NVT

web: <http://www.nvtgroup.co.uk/index.html>

SolidRock Cycles

web: <http://www.solidrockcycles.com/>

Ladies Prize: **Lomond Soap** **web: <http://www.lomondsoap.com/>**

Finish Parking: **William Shearer & Co Tel: 01360 440464**

First Aid: **St Andrews Ambulance** **web: <http://www.firstaid.org.uk/>**